

# the kingdom of heaven is within

The Universal Spiritual Journey as seen in quotes from many religions



**Guru Nanak  
(Sikh)**

*As fragrance abides in the flower,  
As the reflection is within the mirror,  
So doth thy Lord abide within thee,  
Why search Him without?*

**Lord Buddha  
(Buddhist)**

*The subject on which I meditate is truth.  
The practice to which I devote myself is the  
truth.  
The topic of my conversation is truth.  
My thoughts are always in truth.  
For lo! my self has become the truth.*



**Jesus Christ  
(Christian)**

*Being asked by the Pharisees when the  
kingdom of God was coming, he answered them,  
"The kingdom of God is not coming with signs  
to be observed; nor will they say, 'Lo, here it is!' or  
'There!' for behold, the kingdom of God is within you."*

**Vedas  
(original Indian holy text)**

*There is one Supreme Ruler, the inmost Self of all beings, who makes His one form manifold. Eternal happiness belongs to the wise, who perceive Him within themselves - not to others.*



**Lao Tzu  
(Taoist)**

*Worlds and particles, bodies and beings, time and space:  
All are transient expressions of the Tao.*

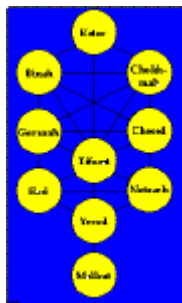
**Prophet Mohammed  
(Islam)**

*He who knows his own self, knows God.*



**Yehuda Ashlag  
(Jewish)**

*There is no single substance existing in the world, whether it be that which we experience through the senses, or that which we perceive through the mind, which is not comprised in the Creator. Everything emanates from Him. Therefore, what we know as contrary, or unrelated in Him, are but one unified Substance.*



**Native American**

*The first peace, which is most important, is that which comes within the souls of men when they realize their relationship, their oneness, with the universe and all its Powers, and when they realize that at the center of the universe dwells Wakan-Tanka, and that this center is really everywhere, it is within each of us. This is the real Peace, and the others are but reflections of this. The second peace is that which is made between two individuals, and the third is that which is made between two nations. But above all you should understand that there can never be peace between nations until there is first known that true peace which, as I have often said, is within the souls of men.*





**Sri Rama  
(Hindu)**

*Think that you are Parabrahman, you have no attachment, you are all-knowing and you are pure. Always feel like this and establish your oneness with the Paramatman and derive bliss within yourself without caring to know what is outside of you.*

**Baha'u'llah  
(Baha'i)**

*"The worlds of God are in perfect harmony and correspondence one with another. Each world in this limitless universe is, as it were, a mirror reflecting the history and nature of all the rest. The physical universe is, likewise, in perfect correspondence with the spiritual or divine realm. The world of matter is an outer expression or facsimile of the inner kingdom of spirit. The world of minds corresponds with the world of hearts."*



**Zoroaster  
(Zoroaster)**

*One need not scale the heights of the heavens nor travel along the highways of the world to find Ahura Mazda. With purity of mind and holiness of heart one can find Him in one's own heart.*

**Zen  
(Zen Buddhist)**

*One moon shows in every pool; in every pool, the one moon.*





**Sri Sankaracharya  
(Hindu)**

*Curb your senses and your mind and see the Lord within your heart.*

**Rumi  
(Sufi)**

*Where is that Moon that never rises or sets?  
Where is that soul that is neither with nor  
without us? Don't say it is here or there. All  
creation is Him but for the eyes that can see.*



**Sri Ramakrishna  
(Hindu)**

*Do you know what I see? I see Him as all.  
Men and other creatures appear to me only as hollow  
forms,  
moving their heads and hands and feet,  
but within is the Lord Himself.*



**Swami Vivekananda  
(Hindu)**

*It is impossible to find God outside of  
ourselves.  
Our own souls contribute all of the divinity that  
is  
outside of us. We are the greatest temple.  
The objectification is only a faint imitation of  
what we see within ourselves.*

